



## December 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
				11-7pm peer support 3-7pm counselling 4-5pm medical clinic 4-5pm anxiety workshop 6:30-7:30pm AA/NA	11-5pm 2 peer support 1:15-7pm counselling	11-4pm <b>3</b> counselling
4	11-7pm peer support 1:30-4:30pm counselling 4:30-5:30pm body image workshop 5:30-6:30pm self-esteem support group	11-7pm peer support 1-4:30pm drop-in employment support 1:15-7pm counselling 4-6pm let's get artsy	11-7pm peer support 1:30-4:30pm drop-in employment support 4:30-7pm counselling 5-6pm game night	11-7pm peer support 3-7pm counselling 4-5pm medical clinic 4-5pm stroll into winter 6:30-7:30pm AA/NA	11-5pm <b>9</b> peer support	11-4pm 10 counselling
11	11-7pm peer support 1:30-4:30pm counselling 4:30-5:30pm body image workshop 5:30-6:30pm self- esteem support group	11-7pm peer support 1-4:30pm drop-in employment support 4:30-7pm counselling 4-6pm let's get artsy	11-7pm peer support 1-4:30pm drop-in employment support 4:30-7pm counselling	11-7pm peer support 1:15-7pm counselling 4-5pm medical clinic 4-5pm stroll into winter 6:30-7:30pm AA/NA	11-5pm 16 peer support 1:15-7pm counselling	11-4pm <b>17</b> counselling
18	11-7pm peer support 1:30-4:40pm counselling 4:30-5:30pm body image workshop 5:30-6:30pm self-esteem support group	11-7pm peer support 1-4:30pm drop-in employment support 1:15-6pm counselling 4-6pm let's get artsy	11-5:30pm peer <b>21</b> support 1-4:30pm drop-in employment support 4-5:30pm bake & movie night	11-7pm peer support 4-5pm medical clinic 4-5pm anxiety workshop 6:30-7:30pm AA/NA	11-5pm 23 peer support	24
25	Closed 26	11-7pm peer support 1-3pm winter scavenger hunt & hot chocolate happy hour	11-7pm peer <b>28</b> support 1-3pm paper mache' art	11-7pm peer support 1:15-7pm counselling 1-3pm card & board games 4-5pm medical clinic 6:30-7:30 AA/NA	11-5pm <b>30</b> peer support 1-4pm cinema day	31